

Plant Seeds - Organic Seeds,

Seed

Kits

## Broccoli for Microgreens 1/4 lb (Sealed Bag) (Case of 6)

Model: 709159

Broccoli for Microgreens 1/4 lb (Sealed Bag) (Case of 6)

Manufacturer: -

Microgreens are a wonderful way to grow your own nutrient-dense vegetables year-round! Scientists have found that most microgreens are packed with 4 - 40 times the nutrients of their more mature counterparts. Microgreens are the adolescents of any green vegetable or herb; harvested 10-14 days after germination when they are approximately 1-3 inches. Microgreens make an excellent garnish, vitamin-packed smoothie ingredient or salad topper.

**Price: \$33.00**